



NUTRITIONAL INFORMATION

Allergens

Item Name	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	Fib (g)	Sugar (g)	Prot (g)	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat
BURGERS & SANDWICHES																			
All American Cheeseburger	360	140	15	7	1	40	1160	37	2	8	17			X			X		X
All American Hamburger	310	100	12	4.5	1	30	940	37	2	8	15								X
Bacon All American Cheeseburger	430	190	22	9	1	50	1590	38	2	8	21			X			X		X
Bacon Checker/Rallyburger w/ Cheese	440	190	22	9	1	50	1310	40	2	9	21	X		X			X		X
Bacon Cheddar Crisp	390	150	17	6	1	45	1160	39	1	9	20			X					X
Bacon Cheddar Crisp Double	560	270	30	13	2	85	1730	39	1	9	32			X			X		X
Bacon Crispy Cheese Double	790	480	54	21	2.5	105	1530	46	2	9	32	X		X			X		X
Bacon Roadhouse	680	420	47	17	2	90	1660	37	1	9	29	X		X			X		X
Baconzilla!	810	470	52	23	2	140	2000	40	1	9	46	X		X			X		X
BBQ Bacon Buford	890	500	55	22	2	130	2060	54	2	23	42	X		X			X		X
Big BLT	370	160	17	5	0	30	840	39	2	5	16	X							X
Big Buford	660	350	39	18	2	115	1730	39	2	9	38	X		X			X		X
BLT	280	100	11	3	0	15	590	35	1	6	11	X							X
Bowl of Chili w/ Cheese, 12 FO	430	220	24	11	0.5	70	2060	29	9	9	24			X					
Bowl of Chili w/ Cheese, 8 FO	270	130	15	7	0	45	1290	18	6	6	16			X					
Bowl of Chili, 12 FO	380	180	20	9	0.5	65	1800	26	9	8	23								
Bowl of Chili, 8 FO	250	120	14	6	0	45	1200	17	6	5	15								
Buttery Steak	690	420	46	18	1.5	65	1300	42	2	8	24	X		X			X		X
Buttery Steak & Bacon	760	470	53	20	1.5	75	1470	43	2	8	28	X		X			X		X
Checker/Rallyburger	320	110	12	4.5	1	30	940	39	2	9	15	X							X
Checker/Rallyburger Burger w/ Cheese	360	140	15	7	1	40	1140	39	2	9	18	X		X			X		X
Cheddar Burger	310	110	13	5	1	30	500	34	1	5	15			X					X



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												Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat
Cheese Champ	430	190	21	9	1	60	1430	39	2	9	22	X		X			X		X
Cheese Double	480	220	25	11	2	70	1510	38	2	8	27			X			X		X
Cheese Double Cheese	530	260	29	14	2	80	1190	38	2	8	29			X			X		X
Chili Cheese Dog	410	210	23	9	1	40	1180	34	2	9	15			X			X		X
Chili Cheeseburger	340	130	14	6	1	35	660	36	2	6	17			X					X
Chili Dog	390	200	22	9	1	40	1100	33	2	8	15			X			X		X
Chili, 1 FO	30	15	1.5	1	0	5	150	2	1	1	2								
Double BBQ Bacon Cheeseburger	650	360	40	18	2.5	95	1780	41	1	13	31			X			X		X
Double Checkerburger w/ Cheese	490	220	25	11	2	70	1510	39	2	9	27	X		X			X		X
Double Fry Lover's	670	350	39	14	2	80	1780	49	3	9	28	X		X			X		X
Double Mushroom Swissburger	470	220	25	11	2	70	1420	35	2	5	28			X			X		X
Double Olive Burger	500	240	26	11	2	60	1700	39	2	9	25	X		X					X
Fry Lover's Bacon Double	740	410	45	16	2	90	1940	50	3	9	32	X		X			X		X
Fry Lover's Burger	440	180	20	8	1	45	1350	48	3	8	18	X		X			X		X
Hot Dog	360	180	20	8	1	35	940	30	1	7	13			X			X		X
Montreal Steak Burger	680	410	45	14	1.5	70	1640	45	3	8	24	X		X			X		X
Montreal Steak Burger with Bacon	760	460	51	16	1.5	80	1810	45	3	8	28	X		X			X		X
Mushroom Swissburger	350	140	15	6	1	40	1330	35	2	5	18			X			X		X
Olive Burger	370	150	17	6	1	30	1580	38	2	8	15	X		X					X
Philly Cheesesteak Sub w/ Montreal Mayo	600	330	36	10	0	55	2110	46	3	7	24	X		X			X		X
Roadhouse	670	360	40	15	2	80	1710	49	2	10	29	X		X			X		X
Steakzilla!	970	590	65	26	2.5	165	1960	42	2	8	51	X		X			X		X
Tacos (2)	440	210	24	12	1.5	60	1020	35	3	3	25			X					X
Texas Bacon Buford	840	500	55	22	2	130	1970	41	2	10	42	X		X			X		X
CHICKEN & FISH																			
\$2 Chicken Bites and Fries Box	710	360	40	14	2	85	1680	64	6	0	24	X		X					X
5 Chicken Wings, Plain	350	200	23	7	0	180	760	2	0	0	35								
5 Chicken Wings, Angry Buffalo	360	210	23	7	0	180	1530	3	1	0	35								
5 Chicken Wings, Asian Kick	430	200	23	7	0	180	1210	21	0	18	35						X		X
5 Chicken Wings, Garlic Parmesan	510	360	40	14	0.5	180	1080	3	0	0	35			X			X		
5 Chicken Wings, Honey BBQ	430	200	23	7	0	180	1050	19	1	16	35								

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												Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts
5 Chicken Wings, Medium Buffalo	360	210	23	7	0	180	1630	3	0	0	35							
10 Chicken Wings, Plain	690	400	44	14	0.5	350	1500	4	0	0	68							
10 Chicken Wings, Angry Buffalo	710	410	45	15	0.5	350	3030	6	1	0	69							
10 Chicken Wings, Asian Kick	840	400	45	14	0.5	350	2390	42	0	36	69						X	X
10 Chicken Wings, Garlic Parmesan	1010	710	79	27	1	355	2150	6	0	0	69			X			X	
10 Chicken Wings, Honey BBQ	840	400	44	14	0.5	350	2080	38	1	31	69							
10 Chicken Wings, Medium Buffalo	700	410	45	15	0.5	350	3240	5	0	0	69							
20 Chicken Wings, Plain	1380	800	89	29	1.5	700	3000	8	0	0	136							
20 Chicken Wings, Angry Buffalo	1420	820	91	29	1.5	700	6070	13	3	0	137							
20 Chicken Wings, Asian kick	1680	800	89	29	1.5	700	4780	84	0	71	138						X	X
20 Chicken Wings, Garlic Parmesan	2030	1420	158	55	2.5	710	4290	13	0	0	139			X			X	
20 Chicken Wings, Honey BBQ	1690	800	89	29	1.5	700	4150	76	3	62	138							
20 Chicken Wings, Medium Buffalo	1410	820	91	29	1.5	700	6490	10	0	1	137							
5 PC Chicken Nuggets	250	140	16	7	0	45	580	14	1	0	12	X		X				X
1/4 Lb. Chicken Bites, No Sauce	380	220	24	8	1	70	970	20	2	0	21	X		X				X
Bacon Crispy Cheese Chicken	770	460	51	18	1	80	1810	54	5	7	22	X		X			X	X
Big Chicken Deluxe	460	200	22	8	0.5	45	1190	49	5	5	18	X		X			X	X
Big Chicken Sandwich	410	160	18	6	0.5	35	970	48	5	4	16	X						X
Crispy Chicken Fillet	350	100	11	3	0	55	810	42	1	6	21	X		X				X
Crispy Fish Sandwich	530	260	29	7	0.5	50	760	52	2	8	15	X	Pollock					X
Deep Sea Double	570	290	33	9	0.5	60	980	52	2	8	17	X	Pollock	X			X	X
Double Spicy Chicken	550	260	28	11	1	80	1560	48	3	6	27	X		X			X	X
Franks Buffalo Chicken	430	210	23	5	0	40	2040	42	2	6	15	X		X				X
Grilled Chicken Salad	280	40	4.5	1.5	0	75	1170	30	11	12	35			X			X	
Grilled Chicken Sandwich	460	210	24	3	0	75	1370	31	1	7	30	X					X	X
Half Pound Chicken Bites	760	430	48	16	2	140	1910	40	4	0	41	X		X				X
Premium Chicken Club Sandwich	730	440	49	14	0.5	65	1390	49	4	9	22	X		X			X	X
Rotisserie Grilled Chicken Sandwich	310	30	3.5	0	0	65	1350	39	1	7	32	X					X	X
Spicy Chicken Deluxe	390	150	17	6	0	45	1050	41	2	6	17	X		X			X	X
Spicy Chicken Sandwich	340	120	13	4	0	35	840	40	2	5	15	X		X				X
Ultimate Crispy Chicken	570	300	34	6	0	25	1040	51	3	10	14	X		X			X	X

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												Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat
SAUCES & DRESSINGS																			
Angry Buffalo, 1 FO	10	5	0	0	0	0	770	1	1	0	0								
Asian Kick, 1 FO	80	0	0	0	0	0	450	19	0	18	0						X		X
Parmesan Garlic, 1 FO	160	160	17	6	0	5	320	1	0	0	1			X			X		
Honey BBQ Sauce, 1 FO	80	0	0	0	0	0	290	17	1	16	0								
Medium Buffalo Sauce, 1 FO	5	5	0	0	0	0	870	1	0	0	0								
Blue Cheese Dipping Sauce, 1 each	230	220	24	4.5	0	25	450	2	0	1	1	X		X					
Ranch Dipping Sauce, 1 each	210	210	23	3.5	0	10	440	2	0	1	1	X		X					
DESSERTS & SHAKES																			
Apple Pie, 1	270	100	12	5	0	5	310	38	2	14	3						X		X
Classic Banana, 12 FO	260	70	8	5	0	25	150	44	1	36	5			X					
Classic Banana, 16 FO	350	90	10	7	0	35	200	58	1	48	7			X					
Classic Banana, 22 FO	460	120	13	9	0	45	260	77	2	63	9			X					
Classic Banana, 32 FO	700	180	20	14	0	65	390	117	3	95	14			X					
Classic Chocolate, 12 FO	270	70	8	5	0	25	160	45	1	35	6			X					
Classic Chocolate, 16 FO	380	100	11	8	0	35	240	64	2	49	8			X					
Classic Chocolate, 22 FO	470	120	13	9	0	45	290	79	2	60	10			X					
Classic Chocolate, 32 FO	720	180	20	14	0	65	440	120	3	92	15			X					
Classic Strawberry, 12 FO	260	70	8	5	0	25	140	43	1	35	5			X					
Classic Strawberry, 16 FO	350	90	10	7	0	35	190	57	1	46	7			X					
Classic Strawberry, 22 FO	460	120	13	9	0	45	250	75	2	61	9			X					
Classic Strawberry, 32 FO	690	180	20	14	0	65	380	114	3	93	14			X					
Classic Vanilla, 12 FO	220	70	8	5	0	25	140	33	1	25	5			X					
Classic Vanilla, 16 FO	290	90	10	7	0	35	180	44	1	33	7			X					
Classic Vanilla, 22 FO	390	120	13	9	0	45	240	57	2	44	9			X					
Classic Vanilla, 32 FO	590	180	20	14	0	65	370	87	3	66	14			X					
Loaded Funnel Cake- Strawberry	270	130	15	7	0.5	10	190	32	1	16	2	X		X			X		X
Loaded Milkshake- Banana Split, 16 oz	350	80	9	7	0	20	150	64	2	55	5			X					
Loaded Milkshake- Banana Split, 22 oz	540	110	12	9	0	30	230	101	3	88	7			X					
Loaded Milkshake- Banana Split, 32 oz	800	160	18	13	0	45	350	151	4	133	10			X					
Cake Cone	20	0	0	0	0	0	5	4	0	0	0						X		X

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												Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat
Soft Serve- Chocolate	140	40	4.5	3	0	15	85	21	1	17	3			X					
Soft Serve-Swirl	140	40	4.5	3	0	15	85	21	1	16	3			X					
Soft Serve- Vanilla	130	40	4.5	3	0	15	85	20	1	15	3			X					
Sundae Stacker, Strawberry Cheesecake	340	50	6	3.5	0	15	230	85	2	56	4	X		X					X
Waffle Cone	90	5	0.5	0	0	0	35	19	0	5	1						X		X
Sundae Stacker, Oreo Fudge	350	110	12	6	0	10	280	56	1	43	4			X			X		X
Mango Smoothie, 16 fl oz	360	15	2	1.5	0	5	50	89	0	83	1			X					
Mango Smoothie, 21 fl oz	440	25	2.5	2	0	10	70	107	0	99	2			X					
Orange Smoothie, 16 fl oz	340	15	2	1.5	0	5	50	84	0	79	2			X					
Orange Smoothie, 21 fl oz	420	25	3	2	0	10	70	100	0	94	3			X					
Strawberry Smoothie, 16 fl oz	340	15	2	1.5	0	5	50	83	0	75	1			X					
Strawberry Smoothie, 21 fl oz	420	25	2.5	2	0	10	70	99	0	90	2			X					
Caramel Cheesecake Crunch with Twix, Loaded Shake Small	460	190	21	16	0	40	280	60	1	48	7	X		X			X		X
Caramel Cheesecake Crunch with Twix Sundae Stacker	370	150	17	10	0	30	250	50	1	39	5	X		X			X		X
Kool-Aid Slushie Tropical Punch, Regular	220	0	0	0	0	0	105	55	0	55	0								
Kool-Aid Slushie Tropical Punch, Large	300	0	0	0	0	0	140	76	0	76	0								
Kool-Aid Slushie Blue Raspberry, Regular	220	0	0	0	0	0	110	55	0	55	0								
Kool-Aid Slushie Blue Raspberry, Large	300	0	0	0	0	0	160	76	0	76	0								
FRIES & SIDES																			
Large Fries	590	260	29	10	1.5	30	1310	74	7	1	8			X					X
Extra Large Fries	910	400	45	16	2	50	2030	115	12	1	12			X					X
Medium Fries	500	220	24	9	1	25	1110	63	6	0	7			X					X
Small Fries	390	170	19	7	1	20	870	49	5	0	5			X					X
Value Fries	260	110	13	4.5	0.5	15	580	33	3	0	3			X					X
Chili Cheese Fries	590	270	30	11	1.5	35	1450	72	8	2	9			X			X		X
Fully Loaded Fries	870	510	56	16	1.5	70	2190	72	7	3	19	X		X					X
Onion Rings	720	370	41	13	0	20	2070	78	6	8	10			X					X
Bacon	70	50	6	2	0	10	170	1	0	0	4								
Cheese Sauce	35	20	2.5	1	0	0	180	2	0	1	0			X					
Grilled Onions	10	0	0	0	0	0	25	2	1	1	0								